

Xeerarka Barnaamijka WIC iyo Jeegaga

- Shaqaalaha WIC sii war run iyo sax ah.
- Ka qaado jeegaga hal kiliniig WIC halkii mudo. Haddii aad ka qaadato jeegaga WIC hal kiliinig ka badan bil gudaheed, waxa lagaa saari doonaa WIC, waxana lagu weydiin karaa in aad barnaamijka lacag u soo celisid.
- Dooro WIC ama CSFP (Commodity Supplemental Food Program). Qofku kuma jiri karo labada barnaamijba isku wakhti.
- Wax ha ka beddelin jeegaga WIC. Soo wac kiliinigga haddii aad u baahan tahay in wax laga beddelo jeegagaaga WIC.
- U soo sheeg shaqaalaha WIC wixii ah jeegag lumay, la xaday, ama burburay. Ha isticmaalin jeegaga aad soo sheegtay inay lumeen, la xaday ama burbureen; haddii aad heshid u soo celi kiliinigga.
- Ha gadan, ha ka ganacsan ama cid kale ha siin cuntooyinka, caanaha ilmaha ama jeegaga WIC.
- Cuntooyinka WIC, caanaha ilmaha, ama jeegaga WIC ha ku beddelan lacag, hagbad (credit), ballanqaad iib (rain check) ama alaab kale.
- Shaqaalaha WIC ama dukaanka af ahaan ha xumeyn, ha xasaradeyn, ha u hanjabin, ama jidh ahaan ha waxyeeleyn.
- Si sax ah u isticmaal jeegaga WIC:
 - ▶ Istimaal jeegagaaga WIC marka la joogo ama inta u dhexeysa maalinta koobaad ee isticmaalka iyo maalinta ugu dambeysa.
 - ▶ Istimaal jeeg WIC kaliya haddii magacaagu uu ku daabacan yahay halka ka hooseysa sanduuqa saxeexa.
 - ▶ Wax ka soo iibso kaliya dukaanada uu aqbalsan yahay ama oggol yahay WIC. Eego calaamadaha ay ku qoran tahay "WIC Checks Accepted Here" (Halkan Waxa Laga Oggol Yahay Jeegaga WIC).
 - ▶ libso qadarada iyo noocyada cuntooyinka ku taxan jeegagaaga WIC.
 - ▶ U kala saar cuntooyinkaaga WIC jeeg ahaan kana sooc alaabta kale ee aad iibsanaysid.
 - ▶ U sheeg shaqaalaha iibka in aad isticmaalaysid jeeg WIC ka hor inta aanad bilaabin iibsashada.
 - ▶ Saxeex jeegagaaga WIC ka dib marka uu shaqaalaha iibku arko aqoonsigaaga (ID) oo uu ku qoro qadarka.

Fadlan la hadal shaqaalaha WIC haddii aad qabtid su'aalo.

Iyada oo waafaqsan xeerka Federalka iyo siyaasadda Wasaaradda Beeraha ee Maraykanka, waxa hay'addan mamnuuc ka ah takooris ama kala-soocid ku saleysan sinji, midab, asal wadan, cayn lab iyo dhedig, da'ama naafo. Si aad u xereysato cabasho, warqad ku soo hagaaji: USDA, Director, Office of Civil Rights, 1400 Independence Avenue, S.W., Washington D.C. 20250-9410 ama soo wac (800) 795-3272 (cod) ama (202) 720-6382 (TTY). USDA waa fursad iyo shaqo bixiye loo siman yahay..

Barnaamijka WIC ee Washington ma sameeyo takooris.

Washington State WIC Office



DOH 962-010SO (Rev 5/09/06)

Haddii ay codsadaan waxa dadka naafada lihi ay heli karaan qoraalkan oo ah qaabab kale.

Si codsi u soo gudbisatid, fadlan soo wac 1-800-525-0125.



Barnaamijka Nafaqada WIC ee Gobolka Washington

Xuquuqda iyo Waajibaadka

Maxaa uu WIC iga filayaa?

Iibso cuntooyinka uu aqbalsan yahay ama oggol yahay WIC:

Waxa aan liibsan doonaa kaliya cuntooyinka ku yaala jeegagaya WIC. Cuntooyinka waxa aan u isticmaali doonaa kaliya qofka ku qoran barnaamijka.

Si sax ah u isticmaal jeegaga WIC:

Waxa aan raaci doonaa xeerkala jeegga ee ku yaala dhabarka foomkan. Haddii aan magacaabo wakiil ama qof i matalaya waxa aan u sheegi doonaa sida saxda ah ee loo isticmaalo jeegaga.

Kiliinigyada WIC mid kaliya si joogto ah tag:

Waxa aan jeegagayga si joogto uga soo qaadan doonaa hal kiliinig kaliya. Haddii aan guuro, waxa aan weydiisan doonaa kaadh wareejin.

Ha ka baaqan ballamaha WIC:

Waan iman doonaa ballamahayga ama inta aan ballanta la gaadhin ayaan idin wici doonaa marka aan u baahan ahay in ballanta la ii beddelo.

Ixtiraam Caadi ah:

Waxa aan shaqaalaha WIC iyo dukaanka kula dhaqmi doonaa xishmad iyo ixtiraam.

Waan fahamsan ahay xuquuqdayda iyo waajibaadkayga:

- Dhamaan warka aan siiyo WIC waa run iyo sax. Shaqaalaha WIC way soo hubin karaan war bixintan.
- Isla markiiba waan soo sheegi doonaa isbeddelada ku dhaca dhakhligayga, tirada qoyska, adreeska, ama u-banaanaanta Medicaid, Basic Food Program (Barnaamijka Cuntada Aasaasiga ah), FDPIR (Food Distribution Program on Indian Reservations) (Barnaamijka Cunto Qaybtinta Xeryaha Hindida), ama TANF (Temporary Assistance for Needy Families) (Gargaarka Ku-meel-gaadhsiska ah ee Qoysaska Baahan).
- Waxa aan raaci doonaa xeerkala Barnaamijka WIC ee ku taxan labada dhinac ee foomkan. Haddii aan magacaabo wakiil ama qof i matalaya, waxa aan u hubsan doonaa in wakiilkaygu oggol yahay in uu raaco xeerkala Barnaamijka WIC.
- WIC waa barnaamij federal ah. Haddii aan jabiyo xeerkala, aan sheego hadal been ah, aan si ogaan ah uga been sheego, u qariyo, ama aanan bixinin xaqiiqooyinka ku saabsan u-banaanaantayda Barnaamijka WIC, waxa aan fahamsan ahay in:
 - Aniga ama ilmahayga ayaa laga saari karaa WIC ilaa mudo ah sannad.
 - Waxa la igu qaadi karaa dacwad madani ama ciqaab ah oo hoos timaada xeerkala gobolka iyo federalka.
 - Waxa qasab igu noqon doontaa in aan WIC u soo celiyo lacagta cuntooyinka ama caanaha ilmaha ee aanan xaq u lahayn in aan helo.
- Waxa aan shaqaalaha WIC u oggalaan doonaa in ay aniga ama ilmahayga ka cabiraan joogga iyo miisaanka. Waxa aan shaqaalaha WIC u oggalaan doonaa in ay aniga ama ilmahayga ka qaadaan qadar yar oo ah dhiig si loo hubiyo heerka birta. Waxa aan fahamsan ahay in warkaa loogu baahan si loo go'aamiyo u-banaanaanta WIC.

Marka aan saxeexo foomkan waxa aan oggalaanaya hadalka sare.

Saxeexa Macmiilka/Daryeel-bixiyaha

Taariikh

WIC ma ururiyo ama ma gudbiyo war ku saabsan xaaladdaada sharciga imigarayshanka
Wasaaradda Caafimaadka ee Gobolka Washington ayaa heli karta koobiyada ama nugulka diiwaanadayda WIC.

For clinic use. Initial all that apply if client did not read the form: _____ Interpreter _____ Written Translation _____ Read to client _____ Other

Client Name / Magaca macmiilka

Caregiver Name / Magaca daryeel-bixiyaha